

March 26, 2024

GAD Activity Report 2

Official launching of PNRI Lactation Room

Pursuant to Republic Act No. 10028 or AN ACT EXPANDING THE PROMOTION OF BREASTFEEDING, AMENDING FOR THE PURPOSE REPUBLIC ACT NO. 7600, OTHERWISE KNOWN AS "AN ACT PROVIDING INCENTIVES TO ALL GOVERNMENT AND PRIVATE HEALTH INSTITUTIONS WITH ROOMING-IN AND BREASTFEEDING PRACTICES AND FOR OTHER PURPOSES", Chapter III Section 11 states that:

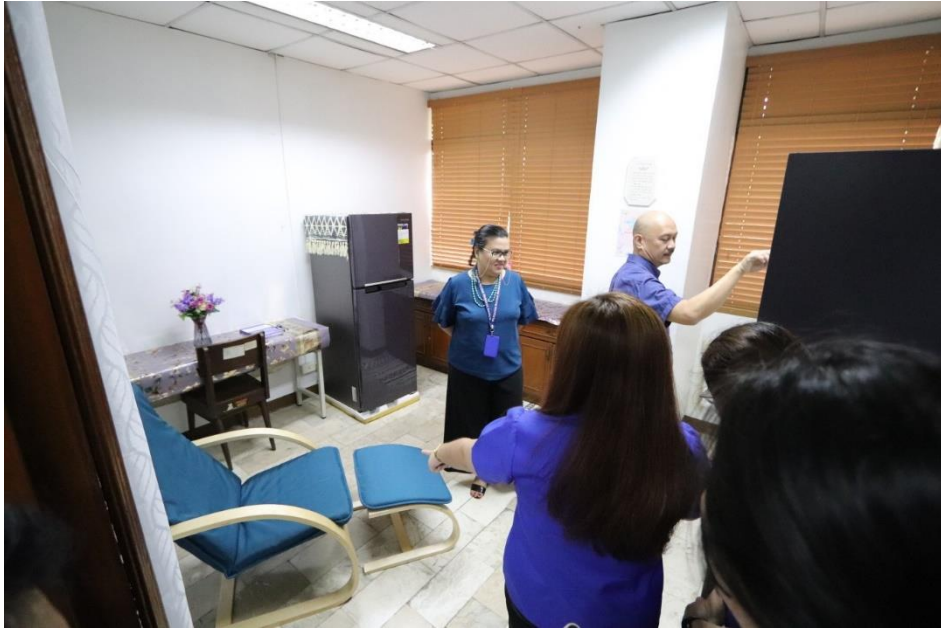
Sec. 11. Establishment of Lactation Stations. - It is hereby mandated that all health and non-health facilities, establishments or institutions shall establish lactation stations. The lactation stations shall be adequately provided with the necessary equipment and facilities, such as: lavatory for hand-washing, unless there is an easily-accessible lavatory nearby; refrigeration or appropriate cooling facilities for storing expressed breastmilk; electrical outlets for breast pumps; a small table; comfortable seats; and other items, the standards of which shall be defined by the Department of Health. The lactation station shall not be located in the toilet.

It is for the above reason that the PNRI GAD Focal Point System-Technical Working Group has created a lactation room as a support to working mothers and their infants. It was officially launched last March 12, 2024 at the NART building. It was attended by some of the senior staff management, as well as employees and OJT students from FAD and TDD.

Various studies have investigated if the presence of a lactation room can support breastfeeding by working mothers. A 2017 review found positive effects of access to a lactation space on breastfeeding initiation, breastfeeding duration, breastfeeding exclusivity, use of infant formula, predominant breastfeeding, and job satisfaction (van Dellen et al., 2022).

Some of the photos taken during the opening of PNRI lactation room:







For the years ahead, PNRI-GAD committee will take the lead in providing support to the specific needs of men, women and all genders of the Institute. The demography of the attendees during the official launching is as follows:

Gender	Number
Female	16
Male	8
Total attendees	24

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